

STUDENT POLICE CADET PROJECT

SCHOOL LEVEL ACTIVITY CALENDAR (HS & HSS WING)

YEAR : 2 (Senior SPC)

MONTH : February

DATE AND DAY	PERIOD	ACTIVITIES	PARTICIPANTS	OBJECTIVES	EXPECTED OUTCOME	PERSON RESPONSIBLE
Feb-02	40 Mnts	Cross Country (7 Kms)	Cadets	To enhance the physical stamina of cadets	Physically fit cadets with good stamina	DIs, CPOs
	10 Mnts	Break				
	40 Mnts	Parade: Revision of Squad Drill and Words of Command practice by cadets	Cadets	<ul style="list-style-type: none"> * To develop high sense of discipline among cadets. * To help cadets to establish a healthy harmony between their body and minds * To bring a feeling of self pride among the cadets * To motivate cadets to be aware of their grooming and appearance 	Confident, disciplined and well mannered cadets who feel proud about themselves	Drill Instructor and CPOs
	45 Mnts	Fresh up and breakfast				
	25 Mnts	Assembly :- 1. SPC Prayer by the cadets. 2. SPC Pledge. 3 Thought for the day(a one minute talk by a cadet on a famous quote, thoughtful saying, proverb etc.) 4. News Analysis (cadet/s analyse the important news of the week based on one English newspaper and two regional newspapers). 5. Book Review.(Cadet/s presents a synopsis of the book of the month)	Cadets	<ul style="list-style-type: none"> *To develop a feeling of affiliation, unity and discipline among cadets. *To enable cadets to share their experiences with others. *To get cadets updated about current affairs. *To facilitate national integration and secularism through prayer, pledge etc. 	<ul style="list-style-type: none"> *Cadets develop quality of togetherness and learn how to behave in a group. *Understand the value of secularism and national integration. *To procure contemporary awareness and help cadets to connect with the events and developments around them 	DIs, CPOs
	80 Mnts	Indoor Class: Media Literacy 3 , 4 & 5 Tell or Sell and Use or abuse	Cadets			
	10 Mnts	Break				
	80 Mnts	Indoor Class: Time management and discipline	Cadets	<ul style="list-style-type: none"> * To build time consciousness among cadets * TO help cadets to self analyse their current efficiency in time management * To develop effective time management skills among cadets * To educate cadets on life techniques to maintain control over their thoughts and actions while alone or in groups. 	<ul style="list-style-type: none"> * Cadets become conscious about their time and resources * Cadets proactive effective time management skills * Cadets develops appropriate control over their thoughts and actions 	CPOs, DIs

Feb-02	15 Mnts	Clean & Green School -- Clean Campus Drive	Cadets, CPOs, Dis	<ul style="list-style-type: none"> * To Motivate all students, teachers and other school community to voluntarily participate in cleaning school premises. * To train SPCs in adoption of sensible waste-handling practices in their schools & homes *To ensure that the school has a set of functioning and well maintained water, sanitation and hygiene facilities. 	<ul style="list-style-type: none"> * Neat, clean, green & beautiful class rooms and school premises * Students develop responsible waste generation and management culture * Cadets maintain personal hygiene properly 	Cadets, CPOs, Dis
Feb-06	90 Mnts	Parade: Ceremonial Parade Practice	Cadets	<ul style="list-style-type: none"> * To develop high sense of discipline among cadets. * To help cadets to establish a healthy <u>harmony between their body and minds</u> 	Confident, disciplined and well mannered cadets who feel proud about themselves	Dis and CPOs
Feb-13	90 Mnts	Parade: Ceremonial Parade Practice	Cadets	<ul style="list-style-type: none"> * To develop high sense of discipline among cadets. * To help cadets to establish a healthy <u>harmony between their body and minds</u> *To bring a feeling of self pride among the 	Confident, disciplined and well mannered cadets who feel proud about themselves	Dis and CPOs
Feb-16	40 Mnts	Physical Training revision + RBPT - No.6	Cadets	*To promote physical fitness and strength through a structured programme	Physically fit cadets who lead a healthy life style by practicing physical activities on a daily basis	Dis and CPOs
	10 Mnts	Break				
	40 Mnts	Yoga or Unarmed combat (Kalari/Karate/Taekwondo/Judo)with support of Audio Visuals	Cadets	* To nurture cadets to lead a balanced life by helping them to maintain a control on their body and mind.	Cadets with high level concentration who possess a healthy body and healthy mind	Competent resource persons arranged by the School LAC
	45 Mnts	Fresh up and breakfast				
	25 Mnts	Assembly :- 1. SPC Prayer by the cadets. 2 SPC Pledge. 3 Thought for the day(a one minute talk by a cadet on a famous quote, thoughtful saying, proverb etc.) 4. News Analysis (cadet/s analyse the important news of the week based on one English newspaper and two regional newspapers). 5. Book Review.(Cadet/s presents a synopsis of the book of the month)	Cadets	<ul style="list-style-type: none"> *To develop a feeling of affiliation, unity and discipline among cadets. *To enable cadets to share their experiences with others. *To get cadets updated about current affairs. *To facilitate national integration and secularism through prayer, pledge etc. 	<ul style="list-style-type: none"> *Cadets develop quality of togetherness and learn how to behave in a group. *Understand the value of secularism and national integration. *To procure contemporary awareness and help cadets to connect with the events and developments around them 	Dis, CPOs
80 Mnts	Subhayatra - Road safety awareness program: Class on traffic awareness Field activities with senior cadets with the support of CPOs and Dis	Cadets	<ul style="list-style-type: none"> * To develop a habit of obeying traffic rules * To make the leaners aware of the causes of road accidents * To make the leaners understand traffic signs and traffic rules 	<ul style="list-style-type: none"> * Enhanced academic performance and communication skills * Contemporary awareness and right knowledge, information and attitude * Broadened thoughts and perspectives 1. Cadets practice a responsible road culture * Cadets spreads awareness on traffic rules 	CPOS and Dis Resource persons from Motor Vehicle Department/Traffic Department arranged by the School LAC	

	10 Mnts	Break				
Feb-16	80 Mnts	Class on digital empowerment program	Cadets	<ul style="list-style-type: none"> * To enable Cadets and other students learn various possibilities of digital world. * To enable Cadets to impart basic ICT skills to the general public * To spread the day today application of ICT to others 	<ul style="list-style-type: none"> * Cadets use possibilities of digital world in their studies * The benefits of ICT is effectively extended to peers, siblings, parents & general public 	Faculty from IT Mission, DI and CPO
	15 Mnts	Clean & Green School – Clean Campus Drive	Cadets, CPOs, DIs	<ul style="list-style-type: none"> * To Motivate all students, teachers and other school community to voluntarily participate in cleaning school premises. * To train SPCs in adoption of sensible waste-handling practices in their schools & homes *To ensure that the school has a set of functioning and well maintained water, sanitation and hygiene facilities. 	<ul style="list-style-type: none"> * Neat, clean, green & beautiful class rooms and school premises * Students develop responsible waste generation and management culture * Cadets maintain personal hygiene properly 	Cadets, CPOs, DIs
Feb-20	90 Mnts	Parade: Ceremonial Parade Practice	Cadets	<ul style="list-style-type: none"> * To develop high sense of discipline among cadets. * To help cadets to establish a healthy harmony between their body and minds * To bring a feeling of self pride among the cadets * To motivate cadets to be aware of their grooming and appearance * To train cadets how to respect their superiors through a structured expression 	<ul style="list-style-type: none"> * Confident, disciplined and well mannered cadets who feel proud about themselves * Cadet becomes a part of the Student Police force 	DIs and CPOs
Feb-23	40 Mnts	Road walk and run (7Kms)	Cadets	*To enhance the physical stamina of cadets	Physically fit cadets with good stamina	DIs, CPOs
	10 Mnts	Break				
	40 Mnts	Minor Games (Refer - Minor games, Outdoor Manual)	Cadets	<ul style="list-style-type: none"> * To achieve fun and enjoyment through vigorous activity with in a short period * To develop dexterity and improve physical fitness. 	<ul style="list-style-type: none"> * Cadets build various skills and engage in social activities. * Cadets develop reasoning skills and creative skills * Help children learn to take turns and how to win by following asset of instructions and learn the strength of unity. 	Cadets, DIs, CPOs
	45 Mnts	Fresh up and break fast				

Feb-23	25 Mnts	Assembly :- 1. SPC Prayer by the cadets. 2. SPC Pledge. 3 Thought for the day(a one minute talk by a cadet on a famous quote, thoughtful saying, proverb etc.) 4. News Analysis (cadet/s analyse the important news of the week based on one English newspaper and two regional newspapers). 5. Book Review.(Cadet/s presents a synopsis of the book of the month)	Cadets	*To develop a feeling of affiliation, unity and discipline among cadets. *To enable cadets to share their experiences with others. *To get cadets updated about current affairs. *To facilitate national integration and secularism through prayer, pledge etc.	*Cadets develop quality of togetherness and learn how to behave in a group. *Understand the value of secularism and national integration. *To procure contemporary awareness and help cadets to connect with the events and developments around them	Dis, CPOs
	80 Mnts	Indoor Class Disaster Management Activity 3 and 4 (Act against a disaster and Protect my self)	Cadets			
	10 Mnts	Break				
	80 Mnts	Indoor Class: Responsible and effective use of social media	Cadets	* Cadets are familiarised with immense knowledge and opportunities the modern day media platforms are capable of providing * Cadets are aware of the pitfalls of social media * Cadets are educated to use social media platforms responsibly and effectively for learning	* Cadets develop the habit of using social media platforms for their learning and development * Cadets become responsible netizens * Cadets are vigilant about the social media misuse happening among their friends	Competent resource persons arranged by School LAC
	15 Mnts	Clean & Green School -- Clean Campus Drive	Cadets, CPOs, Dis	* To Motivate all students, teachers and other school community to voluntarily participate in cleaning school premises. * To train SPCs in adoption of sensible waste-handling practices in their schools & homes * To ensure that the school has a set of functioning and well maintained water, sanitation and hygiene facilities.	* Neat, clean, green & beautiful class rooms and school premises * Students develop responsible waste generation and management culture * Cadets maintain personal hygiene properly	Cadets, CPOs, Dis
Feb-27	90 Mnts	Parade: Ceremonial Parade Practice	Cadets	* To develop high sense of discipline among cadets. * To help cadets to establish a healthy harmony between their body and minds	Confident, disciplined and well mannered cadets who feel proud about themselves	Dis and CPOs

Book of the Month: Regional book on freedom struggle